CELL BIOLOGY

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Nature's variety is boundless.

Introduction

1

CHAPTER

Illustrative that where there is diversity, there is also similarity. Indeed, nature's variety is boundless. When walking through the woods, across a field, along a stream, through a zoo or wild life sanctuary, one t seems to be an axiom of nature that where there is diversity, there is also similarity. Indeed, nature's variety is boundless. When walking through the woods, across a is impressed with the diversity of life. Even looking through a microscope can be an elating experience. The universe of the cell too is complex and diverse. Like the world around us, the world of the cell is one of the forms specialized for a particular type of existence. And as is in the larger universe of the plant and animal kingdoms, where one can perceive basic life sustaining processes common to all organisms, in the cellular world many of the same processes and structures can be found in almost all cells. This generalization often leads to one of the most fundamental and obvious statement that the cell is the microscopic structural and functional unit of the living organisms. Thus, there are many cell types among fungi, protozoans and higher plants and animals. They differ in size, form and function, degree of specialization and average generation time. Yet at the ultrastructural level there is sameness about cells that is almost tedious. The same basic structures—nuclei, cytoplasmic matrix or cytsol, plastids, mitochondria, endoplasmic reticulum, Golgi apparatus, plasma membrane, etc.,—all appear with predictable regularity. Such a sameness can also be observed at the molecular level—all cell parts are made of highly organized groups of few types of molecules, *i.e.,* proteins, lipids, carbohydrates, nucleic acids, etc.

DEFINITION OF CELL BIOLOGY

The biological science which deals with the study of structure, function, molecular organization, growth, reproduc-

tion and genetics of the cells, is called **cytology** (Gr., *kytos* = hollow vessel or cell; *logous* = to discourse) or **cell biology**. Much of the cell biology is devoted to the study of structures and functions of specialized cells. The results of these studies are used to formulate the generalization applied to almost all cells as well as to provide the basic understanding of how a particular cell type carries out its specific functions. The cell biologist, without losing sight of the cell as a morphologic and functional unit within the organism, has to study biological phenomena at all levels of organization and to use all the methods, techniques and concepts of other sciences (Table 1-1).

Cytology versus Cell Biology

The cell biology has been studied by the following three avenues: **classical cytology** dealt with only light microscopically visible structure of the cell; **cell physiology** studied biochemistry, biophysics, and functions of the cell; and **cell biology** interpreted the cell in terms of molecules (macromolecules such as nucleic acids and proteins). In recent years distinction between classical cytology, cell physiology and cell biology has become blurred and outmoded and now two terms—cytology and cell biology are used as the synonyms (**Novikoff** and **Holtzmann**, 1970).

HISTORY OF CELL BIOLOGY

Ancient Greek philosophers such as **Aristotle** (384 —322 B.C.) and **Paracelsus** concluded that "all animals and plants, however, complicated, are constituted of a few elements which are repeated in each of them." They were referring to the macroscopic structures of an organism such as roots, leaves and flowers common to different plants, or segments and organs that are repeated in the animal kingdom. Many centuries later, owing to the invention of magnifying lenses, the world of microscopic dimensions was discovered. **Da Vinci** (1485) recommended the uses of lenses in viewing small objects. In 1558, Swiss biologist,**ConradGesner** (1516—1565) published results of his studies on the structure of a group of protists called **foraminifera**. His sketches of these protozoa included so many details that they could only have been made if he had used some form of magnifying lenses. Perhaps this is earliest recorded use of a magnifying instrument in a biological study.

Further growth and development of cell biology are intimately associated with the development of optical lenses and to the combination of these lenses in the construction of the **compound**

microscopes (Gr., *mikros* = samll; *skopein*= to see). Thus, the invention of the microscope and its gradual improvement went hand-in-hand with the development of cell biology.

1. Growth of Cell Biology during 16th and 18th Centuries

The first useful compound microscope was invented in 1590 by **Francis Janssen** and **Zacharias Janssen**. Their microscope had two lenses and total magnifying power between 10X and 30X. Such types of microscopes were called "**flea glasses**", since they were primarily used to examine small whole organisms such as fleas and other insects. In 1610, an Italian **Galileo Galilei** (1564 —1642) invented a simple microscope having only one magnifying lens. This microscope was used to study the arrangement of the **facets** in the compound eye of insects.

The Italian microanatomist **Marcello Malpighi** (1628—1694) was among the first to use a microscope to examine and describe thin slices of animal tissues from such organs as the brain, liver, kidney, spleen, lungs and tongue. He also studied plant tissues and suggested that they were composed of structural units that he called "**utricles**". An English microscopist **Robert Hooke** (1635—1703) is credited with coining the term **cell** (L., *Cella* = hollow space) in 1665. He examined a

thin slice cut from a piece of dried cork under the compound microscopes (Fig. 1.1) which were built by him. In 1665, **Hooke** published a collection of essays under the title *Micrographia*. One essay described cork as a honey comb of chambers or "cells". The chambers or cells are now recognized to be empty spaces left behind after the living portions of the cell had disintegrated. **Hooke** thought of the

cells, he observed as something similar to veins and arteries of animals—they were filled with "juices" in living plants. But his crude microscopes did not permit the observation of any intracellular structure.

Dutch microscopist, **Anton van Leeuwenhoek** (1632—1723) had succeeded in greatly improving the art of polishing lenses of short focal length. He used his lenses in

building numerous microscopes, some with magnifications approaching 300X (Fig. 1.2). **Leeuwenhoek** was the first to observe living free-living cells; he described in 1675, microscopic organisms in rainwater collected from tubes inserted into the soil during rainfall. His sketches included numerous bacteria (bacilli, cocci, spirilla and other Monera), protozoa, rotifers, and *Hydra*. **Leeuwenhoek** was also first to describe the sperm cells of humans, dogs, rabbits, frogs, fish and insects and to observe the movement of blood cells of mammals, birds, amphibians and fish, noting that those of fish and amphibians were oval in shape and contained a central body (the nucleus); while those of humans and other mammals were round. He also observed the striated muscles. **Leeuwenhoek's** observations were recorded in a series of reports that he sent during 1675—1683 to the Royal Society of London.

An English plant microanatomist **Nehemiah Grew** (1641—1721) published accounts of the

microscopic examination of sections through the flowers, roots and stems of plants and clearly indicated that he recognized the cellular nature of plant tissues.

2. Growth of Cell Biology during 19th Century

Nineteenth century witnessed various cell biological inventions and formulations of various landmark theories such as cell theory and protoplasm theory. In 1807, **Mirbel** stated that all plant tissues were composed of cells. French biologist, **Rene Dutrochet** (1776—1827) correctly concluded in 1824, that all animal and plant tissues were "aggregates of globular cells." In 1831, an English botanist **Robert Brown** (1773—1858) discovered and named the **nucleus**in the cells (*e.g.*, epidermis, stigmas and pollen grains) of the plant *Tradescantia*. He established that the nucleus was the fundamental and constant component of the cells.

Cell Theory

In 1838, a German botanist **Mathias Jacob Schleiden** (1804—1881) put forth the idea that cells were the units of structure in the plants. In 1839, his coworker, a German zoologist , **Theodor Schwann** (1810—1882) applied Schleiden's thesis to the animals. Both of them, thus, postulated that the cell is the basic unit of structure and function in all life. This simple, basic and formal biological generalization is known as **cell theory** or **cell doctrine**. In fact, both **Schleiden** and **Schwann** are incorrectly credited for the formulation of the cell theory; they merely made the generalizations which were based on the works of their predecesors such as **Oken** (1805), **Mirbel** (1807), **Lamarck** (1809), **Dutrochet** (1824), **Turpin** (1826), etc., (see **Sheeler** and **Bianchi**, 1987). However, **Schleiden** was the first to describe the **nucleoli** and to appreciate the fact that each cell leads a double life—one independent, pertaining to its own development, and another as integral part of a multicellular plant. **Schwann** studied both plant and animal tissues and his work with the connective tissues such as bone and cartilage led him to modify the evolving cell theory to include the idea that living things are composed of both cells and the products or secretions of the cells. **Schwann** also introduced the

term **metabolism** to describe the activities of the cells.

In the coming years, the cell theory was to be extended and refined further. **K. Nageli** (1817—1891) showed in 1846 that plant cells arise from the division of pre-existing cells. In 1855, a German pathologist **Rudolf Virchow** (1821—1902) confirmed the Nageli's principle of the cellular basis of life's continuity. He stated in Latin that the cells arise only from the pre-existing cells (*viz*., his actual aphorism was *"omnis cellula e cellula"* —every cell from a cell). **Virchow**, thus, established the significance of cell division in the reproduction of organisms. In 1858, **Virchow** published his classical textbook *Cellular Pathology* and in it he correctly asserted that as functional units of life, the cells were the primary sites of disease and cancer. Later , in 1865, **Louis Pasteur** (1822—1895) in France

gave experimental evidence to support Virchow's extension of the cell theory.

The modern version of cell theory states that (1) All living organisms (animals, plants and microbes) are made up of one or more cells and cell products. (2) All metabolic reactions in unicellular and multicellular organisms take place in cells. (3) Cells originate only from other cells, *i.e.*, no cell can originate spontaneously or *de novo*, but comes into being only by division and duplication of already existing cells. (4) The smallest clearly defined unit of life is the cell.

The cell theory had its wide biological applications. With the progress of biochemistry, it was shown that there were fundamental similarities in the chemical composition and metabolic activities of all cells. **Kolliker** applied the cell theory to embryology—after it was demonstrated that the organisms developed from the fusion of two cells—the spermatozoon and the ovum. However, in the recent years, large number of sub-cellular structures such as ribosomes, lysosomes, mitochondria, chloroplasts, etc., have been discovered and studied in detail. Consequently, it may appear that cell is

no longer a basic unit of life, because life may exist without cells also. Even then, the cell theory remains a useful concept.

Exception to cell theory. Cell theory does not have universal application, *i.e.*, there are certain living organisms which do not have true cells. All kinds of true cells share the following three basic characteristics: 1. A **set of genes** which constitute the blueprints for regulating cellular activities and making new cells. 2. A limiting **plasma membrane** that permits controlled exchange of matter and energy with the external world. 3.A **metabolic machinery** for sustaining life activities such as growth, reproduction and repair of parts. **Viruses** do not easily fit in these parameters of a true cell. Thus, they lack a plasma membrane and a metabolic machinery for energy production and for the synthesis of proteins. However, like any other cellular organism, viruses have (1) a definite genetically determined macromolecular organization; (2) a genetic or hereditary material in the form of either DNA or RNA; (3) a capacity of auto-reproduction; and (4) a capacity of mutation in their genetic substance. In consequence, viruses can only reproduce inside the host cells which may belong to animals, plants or bacteria. They use their own genetic programme for reproduction but rely on the raw materials (*i.e*., amino acids, nucleotides) and biosynthetic machinery of the host cells (*i.e.*, ribosomes, tRNA, enzymes) for their multiplication. Thus, a virus may be defined as an infectious, subcellular and ultramicroscopic particle representing an obligate cellular parasite and a potential pathogen whose reproduction (replication) in the host cell and transmission by infection cause characteristic reaction in the host cells. Outside the host cells, viruses are just like non-living inert particles and like the salt or sugar, they can be purified, crystallized and placed into jars on a shelf for years. Due to this fact, viruses have been variously described such as "*naked genes that had somehow acquired the ability to move from one cell to another* (**Alberts** *et al.*, 1989), or as "*cellular forms that have degenerated through parasitism*", or as *"primitive organisms that have not reached a cellular state.*"

There are certain other organisms such as the protozoan *Paramecium*, the fungus *Rhizopus* and the alga *Vaucheria* (Fig. 1.3B) which do not fit into the purview of the cell theory. All of these organisms have bodies containing undivided mass of protoplasm which lacks cell-like organization and has more than one nucleus. They tend to raise the question that whether cell is a basic unit of structure in them.

Protoplasm Theory

Up to middle of the 19th century, greater emphasis was given to the cell wall and less to the cellular content. But soon cell biologists started to recognize the importance of "juicy" or "slimy" contents of the cells. In 1835, **Felix Dujardin** termed the jelly-like material within protozoans as **sarcode**. In 1835, **H.von Mohl** (1805—1875) described cell division. In 1839, the Czech biologist **J.E. Purkinje** (1787—1869) coined the term **protoplasm** to describe the contents of cells (animal embryos). **Von Mohl**, in 1846, applied the name protoplasm to the contents of embryonic cells of the plants. **Max Schultze**, in 1861, established similarity between sarcode and protoplasm of animal and plant cells and, thus, offering a theory which later on was improved and called **protoplasm theory** by **O.Hertwig** (1849—1922) in 1892.

Protoplasm theory holds that all living matter, out of which animals and plants are formed, is the protoplasm. The cell is an accumulation of living substance or protoplasm which is limited in space by an outer membrane and possesses a nucleus. The protoplasm which is filled in the nucleus is called **nucleoplasm** and that exists between the nucleus and the plasma membrane is called **cytoplasm**.

The last quarter of 19th century is usually considered as "**classical period of cell biology**". Since various significant cell biological discoveries have been made during this period. Certain landmark cell biological discoveries of second half of the 19th century have been tabulated in a chronological order in the Table 1-2.

3. Growth of Cell Biology in 20th Century

20th century has witnessed great advancement in cell biological knowledge due to the following two main reasons: (1) the increased resolving power of instrumental analysis due to the introduction

 of electron microscopy and X-ray diffraction techniques, and (2) the convergence of cytology with other fields of biological research, especially genetics (cytogenetics), physiology (cell physiology) and biochemistry (cytochemistry). Consequently new histochemical, cytochemical and immunocytochemical (using antibodies to localise antigens) techniques have been developed to detect various molecular components of the cell. Likewise, various cellular components have been separated by ultracentrifugation; different biochemical events of the cell could be known in detail by autoradiography; and methods of tissue culturing have made possible the study of living cells. Phase contrast microscopy and interference microscopy have been used to study the living cells. The ultrastructure of a cellular membrane could be observed by the techniques of freeze-fracturing and freeze-etching. Moreover, micromanipulators, micromanometric methods (*e.g.*, by Cartesian diver balance of **Zeuthen** weight of a single amoeba can be determined), chromatography, electrophoresis, spectrophotometry, etc., have provided new opportunities to cell biologists to investigate minute details of cell and its components. Due to the employment of various improved ultratechniques in the study of the cells, the validity of the cell theory and protoplasm theory has become vague. Therefore, presently, both of these theories have been replaced by another new theory called **organismal theory**.

Organismal Theory

The organismal theory holds that the body of all multicellular organisms is a continuous mass of protoplasm which remains divided incompletely into small centres, the cells, for the various biological activities. Thus, a multicellular organism is a highly differentiated protoplasmic individual, differing with a unicellular Protozoa only in size and degree of differentiation of the protoplasm. The differentiation involves separation of the protoplasm into subordinate semi-independent compartments, the so-called cells. Even the embryological development of a multicellular individual includes only growth and progressive internal differentiation of a small single protoplasmic individual (egg). Organismal theory too fails to ascertain the position of viruses.

Table 1-3. Chronological tabulation of certain important cell biological investigations of 20th century. Year Name of contributor Cell biological contribution 1900 **C.Garnier** Introduced the term **ergastoplasm. J.Loeb** Discovered artificial parthenogenesis. 1901 **E.Strasburger** Introduced the term **plasmodesmata. T.H. Montgomery** Showed that homologous chromosomes undergo pairing or synapsis during the reduction division. 1902 **E.Fischer** Got Nobel Prize for his pioneering studies of the proteins. 1903 **E.Buchner** Discovered the enzymes and got Nobel Prize for it. 1904 **F. Meves Demonstrated the presence of mitochondria in** plant cells. 1905 **J.B.Farmer** Coined the term **meiosis** for the reduction and **J.E.Moore** cell division.

Certain landmark cell biological discoveries and Nobel Prize winning investigations of 20th century have been tabulated in a chronological way in the Table 1-3.

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UNIT OF MEASUREMENT OF CELL

The viruses and cells of most bacteria, blue green algae, animals and plants are minute in size and are measured by the fractions of **standard units**. The standard units are metres, grams, litres and seconds. The value of different units of measurements has been tabulated in Table 1- 4.

CELL BIOLOGY AND OTHER BIOLOGICAL SCIENCES

The cell biology has helped the biologists to understand various complicated life activities such as metabolism, growth, differentiation, heredity and evolution at the cellular and molecular levels. Due to its wide application in various branches of biological science, many new hybrid biological sciences, have sprung up. Some of them are as follows:

1. Cytotaxonomy (Cytology and Taxonomy). Each plant and animal species has a definite number of chromosomes in its cells and the chromosomes of the individuals of a species resemble closely with one another in shape and size. These characteristics of the chromosomes help a taxonomist in determining the taxonomical position of a species. Further, cell biology furnishes strong support to the manner of origin of certain taxonomic units. Therefore, the cytotaxonomy can be defined as a cytological science which provides cytological support to the taxonomic position of any species.

2. Cytogenetics (Cytology and Genetics). Cytogenetics is that branch of cell biology which is concerned with the cytological and molecular bases of heredity, variation, mutation, phylogeny,

morphogenesis and evolution of organisms. The Weismann's germ plasm theory, Mendel's laws of inheritance and the concept of gene could be well understood only after the application of cytological concept to the genetics.

3. Cell Physiology (Cytology and Physiology). The cell physiology is the study of life activities, *viz*., nutrition, metabolism, excitability, growth, reproduction or cell division and differentiation of the cell. The cell physiology has helped in understanding various complicated physiological activities at cellular level.

4. Cytochemistry (Cytology and Biochemistry). The cytochemistry is that branch of cytology which deals with the chemical and physico-chemical analysis of living matter. For example, the cytochemical analysis has revealed the presence of carbohydrates, lipids, proteins, nucleic acids and other organic and inorganic chemical compounds in the cells.

5. Ultrastructure and Molecular Biology. These are the most modern branches of biology in which the merging of cytology with biochemistry, physico-chemistry and especially macromolecular and colloidal chemistry become increasingly complex. Knowledge of the submicroscopic organization or ultrastructure of the cell is of fundamental importance because practically all the functional and physicochemical transformations take place with the molecular architecture of the cell and at a molecular level. The recent discoveries in molecular biology such as the discovery of molecular model of DNA by **Waston** and **Crick** in 1953, molecular interpretation of pro-

Waston and Crick.

tein synthetic mechanism, genetic code, etc., have an extraordinary impact on modern cell biology and biology.

6. Cytopathology (Cytology and Pathology). The application of molecular biology to pathological science has helped in understanding various human diseases at molecular level. Because most diseases are caused due to disorder of genetic codes in DNA molecule which alter the synthetic process of enzymes and ultimately disturb metabolic activities of the cell.

7. Cytoecology (Cytology and Ecology). The cytoecology is the science in which one studies the effects of ecological changes on the chromosome number of the cell. The cytological studies on plants and animals have revealed that the ecological habitat and geographical distribution have the correlation with chromosome numbers.

REVISION QUESTIONS

- 1. Who had discovered the cell ? Explain, how is the growth of cell biology linked with the improvement in instrumental analysis ?
- 2. What is cell theory ? Describe the cell theory and explain the exceptions of cell theory.
- 3. What is meant by 'classical period of cell biology' ? Write about certain landmark discoveries of this period.
- 4. Write short notes on the following:
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	- (i) Protoplasm theory; (iii) Branches of cell biology;
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	- (ii) Organismal theory; (iv) Scope of cell biology.